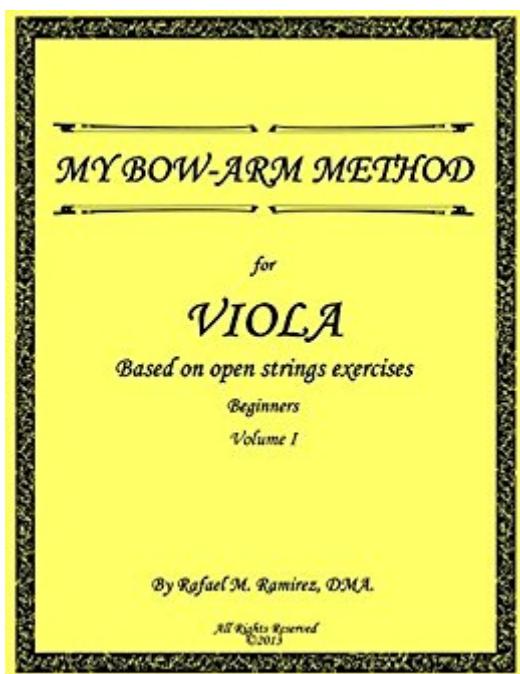


The book was found

My Bow-Arm Method For Viola. Beginners - Volume 1: Based On Open String Exercises



Synopsis

MY VIOLA BOW-ARM METHOD establishes a logical sequence of exercises, giving the viola student and teacher a sequential lesson plan to address bow technique. Each exercise is targeted to achieve mastery of a specific technical element of bowing. Fun and engaging imagery is used for younger students. Exercises increase progressively in difficulty for advanced students to ensure proficiency in all elements of viola bow technique. The most important objective of this method is to assist the viola player to prepare for an everyday practice session. The method will help to develop bow control.

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